



*Saddle River School District - Wandell School*  
*97 East Allendale Road, Saddle River, NJ 07458*  
201.327.0727      [www.wandellschool.org](http://www.wandellschool.org)      Fax: 201.236.8166



September 12, 2023

**RE: Health Guidelines 2023-2024**

Dear Parents:

As your child's School Nurse, I would like to remind everyone of some school health guidelines, in order to help keep our students healthy. Please see page 2 of this notification.

Thank you so much for your cooperation and keep this letter for future reference.

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## **2023-24 Health Guidelines**

### **Main reasons for keeping your children home from school are:**

1. If he/she is too sick to be comfortable at school.
2. If he/she might spread a contagious disease to others.

### **The School Doctor states that you must keep your child home if there is:**

1. A Fever of 100 degrees or above.  
*Must be fever free without the use of medication for 24 hours before returning to school.*
2. Vomiting or diarrhea.  
*Must be free of these without the use of medication for 24 hours before returning to school.*
3. An unidentified rash.  
*May return after cause has been identified by MD, and it has been 24 hours after starting treatment, if prescribed.*
4. Redness to the eye(s), especially with crusting and drainage.  
*May return after cause has been identified by MD, and it has been 24 after starting treatment if prescribed and if there is no further drainage.*
5. A persistent sore throat.  
*May return after MD identifies the cause, and it has been 12 hours after starting treatment if Strep Throat has been diagnosed.*
6. Lice.  
*May return after proper treatment, and there are no nits (eggs) or lice present.*  
Children must be brought to the nurse by a parent to be checked by the nurse and cleared to return to school, after either being sent home for lice, or if they are found during non school hours.

***When in doubt please keep your child home and contact the School Nurse who will assess all situations accordingly.***

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